

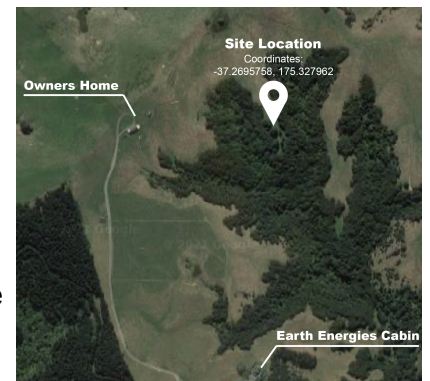
Brief Rundown:

Brief outlines that the building must abide to these expectations/requirements;

- Small, dedicated meditation space protected from the element
- Must be in the clearing specified in the brief - 300m downhill from main residence (Photo on week 3 presentation)
- Allow small groups of guests to follow guided meditations and relax while reconnecting with nature
- Four guests and a teacher to fit in the meditation space comfortably
- Space needs to be suitable to process flower essence when not in use
- Alter needs to receive 2-3 hours of sunlight a day
- Building MUST NOT exceed 30m² (322 feet squared)
- Owners plan to do some work themselves - local timber and materials - more in-line with the budget
- No amenities required as 10 min walk away from residence
- Solar panels considered but not necessary
- Natural heating or fireplace

Site location information:

- Sacred spot in a clearing between native trees
- Sun beams into clearing at approx 09:30 - 13:00
- Practical solutions required - can only be accessed by 4x4 with trailer (small amounts of concrete may be mixed on site to secure foundation posts)



Useful notes in the brief:

- 200-acre farm, Auckland NZ
- Owners: Marie and Duncan
- 25 paddock cattle farm
- Currently have a secluded cabin with 2 bedrooms, 2 bathrooms, wood fire and 360 degree view (designed for seclusion and relaxation)
- No established roads to the site
- EES (Earth Energies Sanctuary) is a functioning organic farm (uses seaweed fertilisers)
- "Follows the principles of natural solid biology to create a more balanced ecosystem on the land.
- Owners live on the property and "spent a year building their Kawakawa product room which allow them to craft native natural remedies" - (kawakawa is combined with beeswax to create balms - this has natural healing effects)
- Property has 2 bee yards - provides beeswax for the products and natural remedies - also enhances clover pollination thus improving native bush and wildlife
- EES also breeds Red Devon cattle

Therapies currently offered:

- Deep relaxation therapies - brings clients to alpha or a deeper theta brainwave state (creates an optimum relaxation, creativity, insight and mindfulness state)
- Floatation therapies
- Sauna
- Clinical hypnotherapy
- Zero balance therapy
- 'Secrets of the skull'
- Aromatic massage and essential oils

